

Free Soul

Emancipate your soul for less

THE DETAILS

Perfect For: as a friendly local.

Add: 1221 Changle Lu 长乐路

1221号

Tel: 5403-5521

Free Soul has moved to where Means used to be. The main difference from the old location is size and food. Decoration-wise. it retains the same red walls but in smaller premises, which are so much cosier. Food sees a big expansion with the bar trying to establish itself as a lunch

venue with sets of both Western and Asian food (¥18-38, available up to 5pm). Having Tiger and San Miguel on

tap ¥30 (large,) bottles ranging from ¥20-40, and spirits in the vicinity of ¥40, this new location certainly offers a good value. The glass-heavy bathroom, however, doesn't really fit in-and there's a working shower(?). With a happy hour from 5-8pm and a ¥100 all you can drink deal on

Tuesdays, this friendly local bar is already getting the punters in.

-Mark Andrews



THE DETAILS

Perfect For: a relaxed after-work drink Add: 4/F 98 Puhuitang Lu 蒲汇塘路 98号4楼 Tel: 5424-6550

one drink at a time.

The Verdict:

De Crib Club **Relaxing drinks**

Laid-back, comfortable and cheap, this little bar, easily missed within what we like to call "Little Japan," is indeed a great place for an after-work chilled-out drink. Lounge on the beige couches, and sip on your favorite beer or spirit-and-mixer for an extremely reasonable ¥15-25 a pop. The bar's playlist is unpretentious and sociableyou can talk. The customers share the music's vibe, being extremely laid-back and pleasant; several have already become regulars, commemorating their moment by adding their portrait to one of the bar's walls. In addition, if you feel like rockin', there's a couple of TVs, which-if needed be-will snap into karaoke mode before you even finish saying the word. So, next time you're done with that post-8pm meeting in Xujiahui, remember to stop by the new Crib, order yourself a cheap drink, and - A.D.

Champagne & Cigar Bar 库! 雪茄吧 Mellow jazz and cigar bar. 5pm-lam. 1/F, Renaissance Yangtze Shanghai Hotel, 2099 Yarlan Xi Lu(near Zunyi Lu), 莲安西路2099号场子江万丽大酒店1楼(近蓬文 路) Tel: 6275-0000 ext.2168 www.renaissancehotels.com

Champions Bar 冠军酒吧 Mon-Thu: 4:30pm-1am; Fri: 4:30pm-1am; Sat: 11am-2am; Sun: 11am-1am; 227 Hongqiao Lu(Near Jiarihe Lu),虹 桥路270号 (近使河路) 16: 6237-6000 ext. 6651 www.championsshanghai.com

4pm-2am. VF Crowne Plaza Hotel,400 Fanyu Lu(Near Xinhua Lu), 番禺路400号银星皇冠酒店1楼 (靠近新华路) Tel: 6327-7777

Charlie's Coffee Bar

1875 Nanjing Xi Lu(near Wulumuqi Bei Lu).南京 西路1875号 (近乌鲁木齐北路) Tet: 6248-1594, 138-0166-0250

Chicago Bar 芝加哥酒吧 Another stop on the Maoming Express to mediocrity. 166 Maoming Nan Lu(near Yong)ia Lu, Metro Line 1 Shaanxi Nan Lu Station, 茂名南路166号(近永嘉路. 地铁1号线陕西南路站) Tel: 6433-7554

4/F 138 Huaihai Zhong Lu.淮海中路138号上海广场4楼 Tel: 6386-5701

Take your out-of-town visitors to this suave jazz lounge with amazing panoramic views to enjoy excellent croons and first-class service. 5:30pm-7:30pm happy hour, 7:30pm-2am cocktal hour. 5:0/F, Bund Center Office Tower, No.222 Yan'an Dong Solf, build Centel United Towler, NO.222 Tail all Doing Lu(near Henan Zhong Lu and Inside the Bund Centre, Metro Line 2 Nanjing Dong Lu Station). 延安东路222 号外建中心办公楼50楼 (近外淮地铁2号线南 京东路站) E6.339-1777 www.cynchina. com••1lam-2am. Rm.2, Unit 4, Lane 123 Xingye Lu(near Madang Lu, Metro Line 1 Huangpi Nan Lu Station).兴业 路123弄2号4单元 (近马当路, 地铁 一号线黄陂南路站) Tel: 6385-6677, 6385-2277 www.cjwchina.com

CN 5dl 5/F, Block 7, Xintiandl South Plaza, Xingye Lu(near Huangpinan Lu).兴业路新天地南里7号楼5楼 (近黄 陂南路) Tel: 6385-8933

Cloud 9 九重天

Cloud 9 offers an unparalleled view of the city from Cloud 9 offers an unparalleled view of the city from atop Jinmao Tower. For the privilege of enjoying this view, you'll have to swallow the ¥100 minimum surcharge per person. Mon-Thu-6pm-1am; Fri-6pm-2am; Sat-11am-2am; Sun-11am-1am-87/F Grand Hyatt, Jin Mao Tower, 88 Shiji Dadao(near Lujiazui Dong Lu, Metro Line 2 Lujiazui Station),世纪大道88号金茂大厦87楼(近陆家嘴东路,地铁2号线陆家嘴站) Tel: 5049-1234

Keeps it real with good tunes, service and drinks. Ask the locals where they buy their trucker hats, and don't get distracted by the zebra print, mirrored walls and purple lights. 398 Huaihai Zhong Lu(near Danshui Lu).

Cotton's 棉花

Beautiful, three-story bar lit with red and green hues and located in an old French Concession house. Friendly feel and leafy outdoor garden area. Mon-Fris. 5pm-2am; 5at-Sun: 2pm-2am; 3at-Sun: 2pm-2am; 3at-Sun: 2pm-3am; 3at-Sun: 2pm-3am; 3at-Sun: 2pm-3am; 3at-Sun: 2pm-3am; 3at-Sun: 2pm-3am; 3at-Sun: 2pm-3am; 3at-Sun: 3at cottonsding@cottonshanghai.com

Cow Bar Sushi & Music

Cow Bar Sushi & Music Sip sake and shochu in the intimacy of a Shibuya karaoke lounge complete with dark interior, glass-top bar and a large tropical fish tank. Sushi is served until 2:30am. 10:30pm-3:30am. 19/F, 1728 Nanjinxi Lu(near Huashan Lu, Metro Line 2 Jing'an Temple Station), 南 京西路1728-519楼(近华山路. 静安寺地铁站) Tel: 6248-3777, 6248-6777

Crossroads 十字路口

TOSSTOADS 十字路日 With good service and good drinks, this classy yet unattended Jing'an destination holds great promise. The place for an understated evening out. Wintermet, 12am-3am. 267 Husshan Lu(opposite Hilton Hotel, Metro Line 2 Jing'an Temple Station). 华山路 267号(希尔顿宾馆对面,地铁2号线静安寺站) Tel: 6248-1588

Disco Bar 6 号会所 3/F. 401 Changshou Lu(near Jiaozhou Lu),长寿路401 号亚新生活广场三楼 (近胶州路) Tel: 6276-6855 6276-8487

Slick, American-style martini bar which was once a Communist Party Meeting Hall. Owned and designed by the designer of Xintiandi, this tiny spot's walls are by the designed of Atthitation, this thiy splot is watis are made of gray slate bricks. Wi-Fi internet, 5,5m-2am. House 15, North Block Xintiandi, Lane 181 Taicang Lu(near Huangpi Nan Lu, Metro Line 1 Huangpi Nan Lu Station). 大仓路1815—新天地上里15号(近黄陂南路,地铁1号线黄陂南路站)Tel: 6311-0358

Dragon Club 木易龙

Tucked away after-hours destination with thumping music and expensive drinks. From the road you'll hardly know it exists, but once inside, you'll find yourself on another planet. Perfect for a late night experience. Tues-Wed:10pm-2am; Thur:7:30pm-2am; Fri-Sat:10pm-2am, 156 Fenyang Lu(near Taojiang Lu, Metro Line 1 Changshu Lu Station, down a long path) 凤阳路156号(近桃江路,地铁1号线常熟路站)

Dream Star

7:30pm-2am. 307 Shaanxi Nan Lu(near Jianguo Lu).陕西南路307号 (近建国路) Tel: 138-1828-2981

Dublin Exchange 都不林 This upscale sister branch of the rowdy O'Malley's pub primarily serves Pudong's foreign businessmen. Great for an evening pint and after-work steak rather than the Saturday night drinking fest. Mon - Fri 11.30am - 11.30pm, Sat 4.30pm - 11.30pm. 2/F HSBC Bidg, 101 Yincheng Dong Lu(near Lujiazui Lu, Metro Line 2 Lujiazui Station). 银城东路101号汇丰大 夏2楼 (近陆家嘴路, 地铁2号线陆家嘴站) Tet 6841 2052

Eager Beaver 海獭
Changes to the Beaver have given a once Canadian bar a distinctly Aussie feet, although the darboards and reasonably priced bottled beers remain. 6pm-late. 28 Yueyang Lu(near Dongping Lu, Metro Line 1 Hengsh: Lu Station). 岳阳路28号 (近东平路, 地铁1号线衡山路站) Tel: 6474-3216

Eiffel Tower Bar 大铁塔 Underachieving theme bar near Xiangyang Market. 1fam-midnight. 273 Jianguo Lu(near Xiangyang Lu). 建国 路273号 (近襄阳路) Tel: 6445-7848

Elite Bar

Some people are crazy about models, and so are some places. With a staff comprised exclusively of amateur cover girls, a voguish interior and a hydraulic catwalk, Elite Bar qualifies as one of them. 9pm-late. Bldg 16, No. 34. The New Factories, Yuyao Lu(near Xikang Lu),余姚路34号16号楼(近西康路)下已5213-5567.

Face 印泰

Order a soothing drink out on the lawn or lounge uruer a sooning urink out on the lawn or lounge about the comfortable interior of this destination spot found within the Ruijin Guest House. 11am-2am. Bldg 4, Guest House, 118 Ruijin Fr Lu(near Yongia Lu, Metro Line 15haanxi Nan Lu Station) 测金二路118号 瑞金宾馆4号楼(近永嘉路,地铁1号线陕西南路站) Tel: 6466-4328 www.facebars.com

3/F, 3721 Hongmei Lu(near Yan'an Xi Lu).虹梅路3721号珍珠城三楼 (近延安西路) Tel: 5422-5777

Fest Beer House 菲新特

Fest Beer House 非新符 11am-lam. 11 Hankou Lu(Near Zhongshan Dong Yi lu).汉 口路11号 (近中山东一路外滩) Tel: 6321-8447

Four Roses Bar 健俊酒吧 Jazz music, free pool. 5pm-2am. 2/F, 88 WeiFang Xi Lu(near Pucheng Lu) 滩坊路74号 (近浦坡路) Tel: 5840-0165, 135-8596-1278

Free Soul

A new location for a friendly local bar. Offers well priced food and drinks with a pool table and foosball. 3pm-3am 122 (Changle Lufnear Huashan Lu).长乐路1221号乙(近华山路) Tel: 136-7182-2403

Nanghainese hip hop's rising star venue near Xintiandi. The White Room: Mon-Sat 11am-2am, The Loft: Fri-Sat 11pm-late. 323 Fuxing Zhong Lu(Near Huangpi Nan Lu). 复兴中路323号 (近黄陂南路) Tel: 5386-6268

German Beerhouse 德国乡村餐厅

No.22-23, Lane 3818 Hongmei Lu (neai Yan' an Xi Lu). 虹梅休闲街22-23号(近延安西路) Tel: 6465-8880

H20 Bar 甘泉水吧 Bidg 11-12, 889 Julu Lu(near Changshu Lu). 巨鹿 路889号11-12号楼 (近常熟路) Tel: 6445-8082 lecarroujerome@yahoo.fr www.fccshanghai.com

Hard Rock Pub 硬石酒吧 Ham-2am 315 Zhengtong Lu(Near Guoding Lu).政通路 315号 (近国定路) Tel: 6511-2380

Heavenlies 没天廊 Lobby Lounge, Perfect for business or casual tete-a-tetes. Sun-Thur: 7am-12am; Fri-Sat: 7am-1am. I/F The Westin Shanghai Bund Center, 88 Henan Zhong Lu(near Guangdong Lu, Metro Line 2 Nanjing Dong Lu Station).河 南中路88号外建中心上海威斯汀大饭店接(近广东路、地铁2号线南京东路站) Tet: 6335-1888 ext.7371

Henry's Brewery & Grill

Tucked away under the Bund's promenade hides this cozy, chilled-out bar with simplistic decor, plush sofas and a great ladies' nights. A budget Bund alternative. 155 Zhongshan Dong Er Lu(near Jinling Dong Lu).中山东三路155号 (近金陵东路) Tel: 6355-8058

J.D. Lounge Super Brand Mall bar with Egyptian decor looking to attact the apres-film crowd. 3pm-2am. 8/F Super Brand Mall, 168 Lujiazui Xi Lu(near Fucheng Lu, Metro Line 2 Lujiazui Station).陆家嘴西路168号正大广场8楼(近富城路,地铁2号线陆家嘴站) Tel: 5047-8026 ext. 257

富城路. 地铁7号线陆家嘴站) Tet. 5047-8026 ext. 25 Jade on 36 Bar 翡翠36酒吧 A Live DJ spins funky beats on Thurs-Sat. nights, encouraging you to hang around the glowing bar that belongs in movies rather than real life. If that's not enough to reel you in, they've got the best Bund views in Shanghai. spim-12am. 36F. Pudong Shangri-La. 33 Futheng Lufnear Huayuanshiqiao Lu, inside the Shangri-la). 富城路33号浦东晋传里拉大酒店2座36楼(近花园石桥路) Tet. 6882-3636 lilian. Zhang Barshi.

The small cast of regulars here will usually be up for a game of darts, cards or a chat over a beer. 6:30pm-2am, inside Changning District Cultural Arts Centre, 650 Manxia Lu(near Anlong Lu). 仙霞路650号长 宁区文化中心内 (近安龙路) Tel: 6262-1815

Jasmine Bridge 青霄阁 A beautiful, creative bar with great food and a calming atmosphere. With soothing red lighting and flickering candles, you'll feel close to om. Wi-Fi internet, 11:30am-2am. No.107, Lane 273 Jianguo Xi Lu(near Jiashan Lu).建国西路273弄107号 (近嘉善路) Tel: 5465-2680