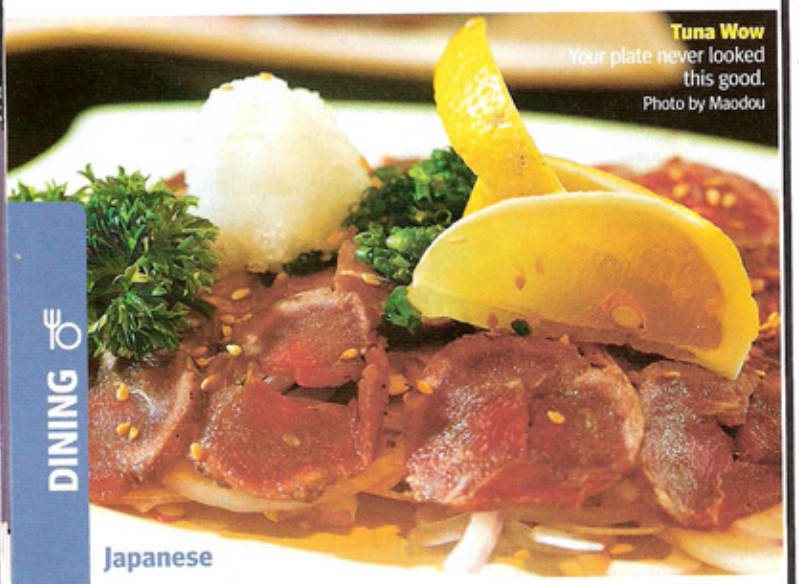
New Eats



Tuna Wow
Your plate never looked this good.
Photo by Maodou

DINING

Japanese

Utsuwa

A Zen-like lunch

Japanese potters believe that fine food possesses the ability to make mere tableware — utsuwa — come alive – a concept called "Yo no bi." Fittingly, the beautiful dishes used at this restaurant, which are crafted at the art studio next door, are plated with inspirational Japanese cuisine that makes your taste buds jump as well. The minimalist menu printed on Japanese handmade washi paper offers two different lunch sets daily (¥50-65) and a small a la carte selection. The high quality, oil-free ingredients and beautiful presentation emphasize health and aesthetics. Try the Wednesday ¥50 set, which comes with mushroom salad (three types of cooked mushrooms warming a bed of lettuce and cucumber), fried chicken, a rice omelette and miso soup. Sit upstairs at a beautiful antique table sunken Japanese-style on the shikumen balcony overlooking a peaceful stone garden, and head next door after dinner for post-prandial pottery.
- Mark Andrews

The Details
Perfect For: A serene lunch
Add: No. 35, Lane 248 Taikang Lu 泰康路248弄35号
Tel: 5465-2450
The Verdict: ●●●●

Cantonese / Dim Sum

2001 Hong Kong Teahouse 2001港式茶餐
Tiny and cheap, serving delicious shrimp wonton soup. 10am-11pm. 55 Shaanxi Nan Lu(near Xinle Lu). 陕西南路55号(近新乐路)Tel: 5467-0205

Ai Mei 艾美中餐厅
Large dining room with 450 Seats and views of Nanjing Road presents Cantonese classics. All cards. lunch: 11:30am-2:30pm; dinner: 5pm-10pm. 8/F, 789 Nanjing Dong Lu(near People Square). 南京东路798号8楼(近人民广场)Tel: 3319-9999 www.starwoodhotels.com

Bi Feng Tang 避风塘
Bumping dim sum snack house where dumplings, roast pork buns, egg rolls and other bite-sized eats are carted out of the kitchen into the wee morning hours. 24H. 175 Changle Lu(near Maoming Nan Lu, Metro Line 1, Shaanxi Nan Lu Station Exit 3). 长乐路175号(近茂名南路. 地铁1号线陕西南路站3号出口)Tel: 6467-0628 www.bifengtang.com.cn••Mon-Fri 10am-5am, Sat-Sun 8am-5am. Unit 101, 1 Dapu Lu(near Zhaojiabang Lu). 打浦路1号金玉兰广场101单元(近肇嘉浜路路)Tel: 5396-1328

Fragrance 百花园餐厅
With a Hong Kong chef at its helm, this Cantonese establishment churns out delicacies such as abalone, shark fin soup and bird's nest in a warm dining room outfitted with elegant furnishings and contemporary Chinese design. 11:30am-2:30pm, 5:30pm-10:30pm. 2/F, Regal International East Asia Hotel, 516 Hengshan Lu(near Wuxing Lu). 衡山路516号富豪寰球东亚酒店2楼(近吴兴路)Tel: 6415-5588 ext. 2756

Billy & Brothers 乐天小厨
A clean sunny venue offering an escape from the sea of Xujiahui store fronts. The dim sum is satisfying paired with larger entrees such as roast duck and corn soup (yumi tang). 10:30am-2am. 667 Fanyu Lu(near Huaihai Xi Lu). 番禺路667-1号(近淮海西路)Tel: 6283-6280

Crystal Jade 翡翠酒家
Serving Cantonese and Shanghainese food, this Xintiandi eatery is often packed with people craving a taste of the juicy Shanghai-style pork dumplings and other delectable dishes. Mon-Fri: 11am-3pm, 5pm-11pm; Sat-Sun:10:30am-3pm, 5pm-11pm. 2/F, No.6-7 South Block Xintiandi, Lane 123 Xingye Lu(near Madang Lu, Metro Line 1 Huangpi Nan Lu Station). 兴业路123弄新天地南里6-7号2楼(近马当路. 地铁1号线黄陂南路站)Tel: 6385-8752

Grandma's Kitchen 祖母的厨房
11am-10:30pm. 2/F 438 Huaihai Zhong Lu(Near Chongqing Lu). 淮海中路438号2楼(近重庆路)Tel: 6386-7071 ••10:30am-4am. 1213 Nanjing Xi Lu(Opposite Plaza 66). 南京西路1213弄(恒隆广场对面)Tel: 6279-2929 ••11:30am-11:30pm. Unit A5-A6 Shanghai City Center, 100 Zunyi Lu(Near Xianxia Lu). 遵义路100号虹桥上海城A5-A6单元(近仙霞路)Tel: 6237-0171 ••10:30am-midnight. 146 Yuyuan Lu(near Wanhangdu Lu). 愚园路146号(近万航渡路)Tel: 6215-7928

Hang Yuen Hin 恒悦轩
Stylish restaurant set within the grassy expanse of Xujiahui park. 11am-12am. 290-292 Wanping Lu(In Xu Jia Hui Park). 宛平路290 - 292号(徐家汇公园内)Tel: 6472-9778, 5468-1900 www.hengyuexuan.com

Hengshan Cafe
Reasonably priced Chinese dishes such as shrimp wontons and clay-pot stews are served in a clean, modern environment. Perfect for a late-night eat with friends. 10:30am-3:30am. 308 Hengshan Lu(near Wuxing Lu, Metro Line 1 Hengshan Lu Station). 衡山路308号(近吴兴路. 地铁1号线衡山路站)Tel: 6471-7127 ••9:30am-11:30pm. 719 Yan'an Xi Lu(near Jiangsu Lu). 延安西路719号(近江苏路)Tel: 6226-5517, 6226-0525

Jia Shan Ting 西域风情
8am-4am. 15 Lane 3338 Hongmei Lu(near Yan'an Xilu). 虹梅路3338弄15号(近延安西路)Tel: 6465-9822

Kowloon Ice House 九龙冰室
A shiny Hong Kong-style chain eatery serving rice dishes, noodles and soup. Affordable, filling and fast. Sun-Mon 11am-12am; Fri-Sat 11am-2am. 48 Fengxian Lu(near Shimen Er Lu). 奉贤路48号(近石门二路)Tel: 6218-3301

Noble House 名轩
11:30am-2pm, 5:30pm-10pm. 1 Anting Villa, 46 Anting Lu(near Yongjia Lu). 安亭路46号安亭别墅1号楼(近永嘉路)Tel: 6433-3666,6433-3777 www.noblehouse.cn•• 11am-2pm, 5pm-10pm. 679 Shangcheng Lu(near Shiji Da Dao). 商城路679号(近世纪大道)Tel: 5879-9177 www.noblehouse.cn

Secret Garden 微乐坊
Located in a quaint, old house, this eatery serves tasty dim sum and Chinese dishes such as shrimp balls and eggplant within a spacious garden seating. 11am-10pm. 333 Changle Lu(near Shaanxi Nan Lu, Metro Line 1 Shaanxi Nan Lu Station). 长乐路333号(近陕西路. 地铁1号线陕西南路站)Tel: 5405-0567 canglefang@yahoo.com.cn

Spectrum 七色光
Wi-Fi internet. Lunch: 11am - 2:30pm; Dinner: 5:30pm-9:30pm. 2/F Millennium HongQiao Hotel Shanghai, 2588 Yan'an Xi Lu(near Shuicheng Lu). 延安西路2588号上海千禧海鸥大酒店2楼(近水城路)Tel: 6208-5888 www.milleniumhongqiao.com

Star East Shanghai 上海东魅
Enormous HK restaurant with mini screens showing Canto-pop. Fusion dim-sum on the menu. 11:30am-1am. Unit 1, Bldg 17, Xintiandi North Block, 181 Taicang Lu(near Madang Lu). 太仓路181弄新天地北里17号楼1单元(近马当路)Tel: 6311-4991

Tan Wai Lou 滩外楼
This high-end Cantonese restaurant overlooking the Bund takes a modern, innovative approach to Cantonese cuisine as well as a sampling of Japanese dishes. 11am-2:30pm, 6pm-10:30pm. 5/F, 18 on the Bund, 18 Zhongshan Dong Yi Lu(near Nanjing Dong Lu, Metro Line 2 Nanjing Dong Lu Station). 中山东一路18号外滩18号5楼(近南京东路. 地铁2号线南京东路站)Tel: 6339-1188 www.volgroup.com.cn

Tony G 金多利
10am-2pm, 5pm-10pm. 2/F, 1399 Minsheng Lu(near Yanggao Zhonglu). 民生路1399号太平人寿大厦2楼(杨高中路)Tel: 6854-4607 www.tonychina.com•• 10:30am-2pm, 5pm-10pm. Biyun Sports and Leisure Center, 633 Biyun Lu(near Yunshan Lu). 金桥碧云路633号碧云体育休闲中心(近云山路)Tel: 5030-6750 www.tonychina.com

Venice 水都轩
Enjoy luxurious Cantonese cuisine in this former residence of a U.S. Secretary of State. Posh dishes such as shark fin soup and abalone match the elegant decor. 11am-2pm, 5pm-11pm. 160 Taiyuan Lu(near Yongjia Lu and Marshall Villa). 太原路160号(近永嘉路和马歇尔别墅南门)Tel: 6431-6678

Wan Hao 万豪轩中餐厅
Chef Law showcases his Cantonese masterpieces against inspiring views of the city center. 11:30am-2:30pm; 5:30pm-10:30pm. 39/F, JW Marriott Hotel, 399 Nanjing Xi Lu(near Huangpi Bei Lu). 南京西路399号39楼(近黄陂北路)Tel: 5359-4969 ext. 6436

ZEN 香港采蝶轩
11am-10pm. 5/F Plaza 66, 1266 Nanjing Xi Lu(near Shaanxi Bei Lu, Metro Line 2 Jing'an Temple Station). 南京西路1266号恒隆广场5楼(近陕西北路. 地铁2号线静安寺站)Tel: 6288-1146 ••11am-2:30pm, 5pm-9:30pm. 1399 Nanjing Xi Lu(near Tongren Lu, Metro Line 2 Nanjing Xi Lu Station). 南京西路1399号(近铜仁路. 地铁2号线南京西路站)Tel: 6289-7877 ••11am-10pm. Rm.2, South Block Xintiandi, Lane 123 Xingye Lu(near Madang Lu, Metro Line 1 Huangpi Nan Lu Station). 兴业路123弄新天地南里2号(近马当路. 地铁1号线黄陂南路站)Tel: 6385-6385

Zen 香港采蝶轩
An elegant, first class restaurant with prime locations around town. 11am-2:30pm, 4:30pm-10pm. Rm 505A, Gateway Mall, 1 Hongqiao Lu(Near Gongcheng Lu). 虹桥路1号港汇广场505A(近恭城路)Tel: 6407-2657 •• 11am-11pm. 5/F 1266 Nanjing Xi Lu(near Shaanxi Bei Lu). 南京西路1266号5楼(近陕西北路)Tel: 6288-1141, 6288-1143

Chaozhou

Chao Ren Xuan 潮人轩
This Chaozhou eatery, which resembles a Qing-Dynasty court, offers a wide selection of seafood such as baby oyster clams, crab, shark fin and garlic scallops. 10:30am-9:30pm. 3/F, 593 Fuxing zhong Lu(near Ruijin Er Lu). 复兴中路593号3楼(近瑞金二路)Tel: 5888-9898 ••10am-10pm. 6/F Grand Gateway, 1 Hongqiao Lu(near Zhaojiabang Lu, Metro Line 1 Xujiahui Station). 虹桥路1号港汇广场6楼(近肇嘉浜路和地铁一号线徐家汇站)Tel: 6407-7556 ••10am-9:30pm. No.143, Lane 371 Guyang Bei Lu(near Jiasong Nanlu). 谷阳北路371弄143号(嘉松南路口)Tel: 6773-2600 •• 10am-10:30pm. 5/F, Shanghai Times Square, 111 Huaihai Zhong Lu(near Longmen Lu). 淮海中路111号大上海时代广场5楼(近龙门路)Tel: 5888-9898

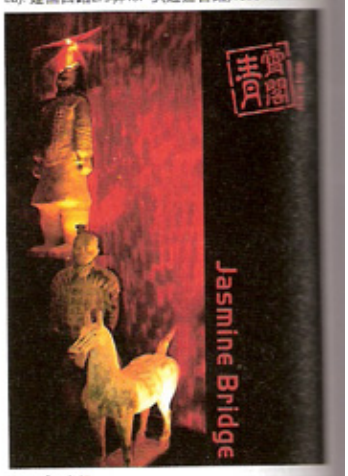
New Wave Chinese Bistro 新潮流
Enjoy this upscale Chaozhou restaurant specializing in shark fin, abalone and swallow's nest. An equally high-class décor matches the well-designed delicacies. 11:30am-11pm. 792 Yuyuan Lu(near Jiangsu Lu, Metro Line 2 Jiangsu Lu Station). 愚园路792号(近江苏路. 地铁2号线江苏路站)Tel: 6218-7979

Chinese Dumplings

Keven Chinese Restaurant
1 Wulumuqi Zhong Lu(near Dongping Lu). 乌鲁木齐中路1号(近东平路)Tel: 6466-6565

Contemporary Chinese

Jasmine Bridge 青青阁
11:30am-2am. No.107, Lane 273 Jianguo Xi Lu(near Jiaxing Lu). 建国西路273弄107号(近嘉善路)Tel: 5465-2880



People 人间
This novelty restaurant is so minimalist that you may have a hard time finding the entrance. Inside, stone-grey décor is brightened with occasional swathes of color and flavorful dishes. 11:30am-2pm, 6pm-12:30am. 805 Julu Lu(near Fumin Lu). 巨鹿路805号(近富民路)Tel: 5404-0707 ••11:30am-2pm, 6pm-midnight. 150 Yueyang Lu(near Yongjia Lu). 岳阳路150号(近永嘉路)Tel: 6466-0505

Shui Yuan 水原
Healthy, upscale Chinese food with fresh, organic ingredients, no MSG and low salt and oil. 11am-2:30pm; 6pm-10:30pm. 3/F, 1 Yan'an Dong Lu(near Zhongshan Dong Er Lu). 延安东路1号3楼(近中山东二路)Tel: 6330-8098 shui.yuan@yahoo.com www.shuiyuan-restaurant.com

Deli & Sandwich

City Shop 城市超市
Find it in Shopping, Supermarkets.

Delicatessen
Wi-Fi internet. 9am-9pm. 1/F Millennium HongQiao Hotel Shanghai, 2588 Yan'an Xi Lu(near Shuicheng Lu). 延安西路2588号上海千禧海鸥大酒店1楼(近水城路)Tel: 6208-5888 www.milleniumhongqiao.com

Haya's Mediterranean Sandwich and Coffee Bar 哈雅地中海餐厅
This festive lunchbox-sized café serves large portions of budget-priced falafel, hummus and home-baked pitas and bagels. On weekends, early risers should try their enormous Israeli-style breakfasts. Wi-Fi internet. 11am-10pm. 415 Dagu Lu(near Shimen Yi Lu). 大沽路415号(近石门一路)Tel: 6327-0897

Pretzels Plus 百思乐
10am-10pm. inside Yuyuan Garden. 豫园商城内 Tel: 6328-7089 ••inside Sogo Mall Fresh Mart, 1618 Nanjing Xi Lu(near yuyuan Lu). 南京西路1618久光百货地下超市DB03(近愚园路)Tel: 136-4185-8295 ••10am-10pm. Shop 1307, 1/F, 88 Xiaoxia Xi Lu. 仙霞西路88号1楼1307店铺 Tel: 5219-1823 www.pretzelsplus.com.cn

Slice 思莱仕
Gourmet deli and sandwich shop serving fresh salads, petite paninis, and enormous wheat bread sandwiches. 10am-10pm. Shanghai Times Square, 99 Huaihai Zhong Lu( ). 淮海中路99号. 大上海时代广场( )Tel: 6386-8588 slice_qingpu@slice-deli.com ••9am-9:30pm. 1517 Huangpingping Gong Lu(near Zhuguang Lu). 沪青平公路1517号(近诸光路)Tel: 5988-7007

TOGO Sandwich Express
Best delivery option in town for satisfying sandwiches and wraps at cheap prices. Fresh ingredients are used in everything from their juices to their salads. 1228 Beijing Xi Lu(near Xikang Lu). 北京西路1228号(近西康路)Tel: 6289-2458

Wagas
This colorful café has all the charm of a New York bistro. The waiters walk efficiently around serving generous plates of sandwiches, paninis, pastas and salads to a hip crowd. 7am-7pm. Pudong Aqua, 1233 Lujiazui Huan Lu(opposite Shanghai Aquarium, near Metro Line 2 Lujiazui Station). 陆家嘴环路1233号(上海海洋水族馆对面. 地铁2号线陆家嘴站)Tel: 5879-4235 ••7:30am-11pm. 1168 Nanjing Xi Lu(near Jiangning Lu). 南京西路1168号(近江宁路)Tel: 5292-5228 ••7am-11pm. Shop G107, Hong Kong World Plaza, 300 Huaihai Zhong Lu(near Madang Lu). 淮海中路300号香港新世界广场G107(近马当路)Tel: 6335-3739